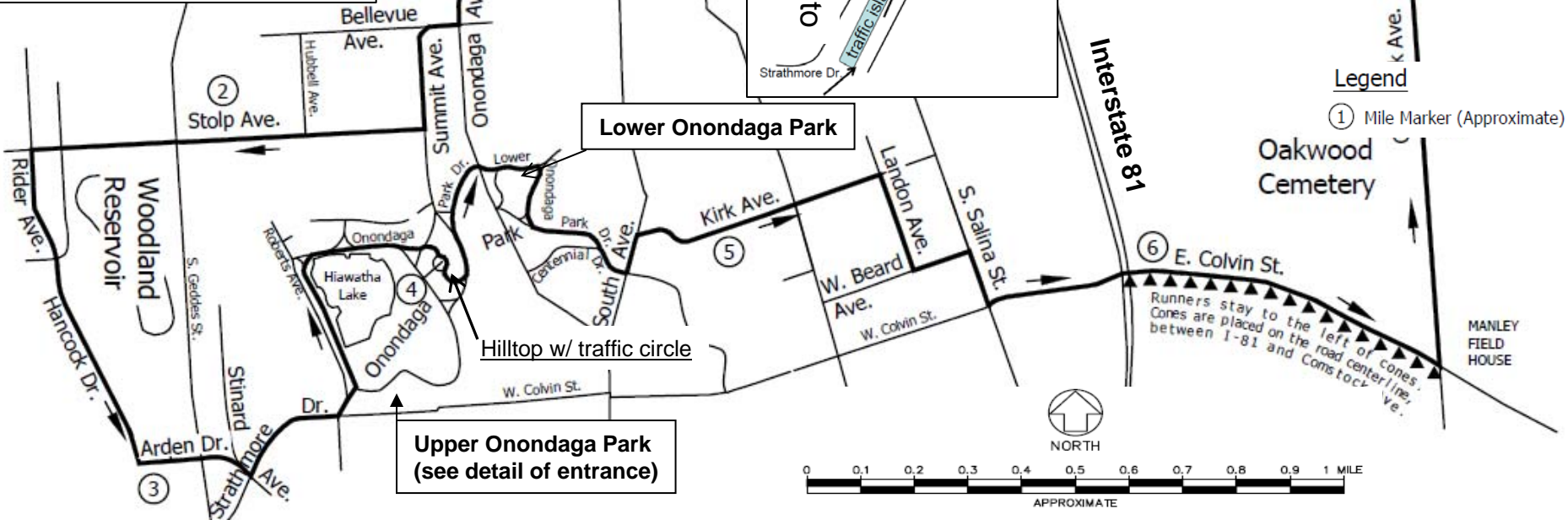
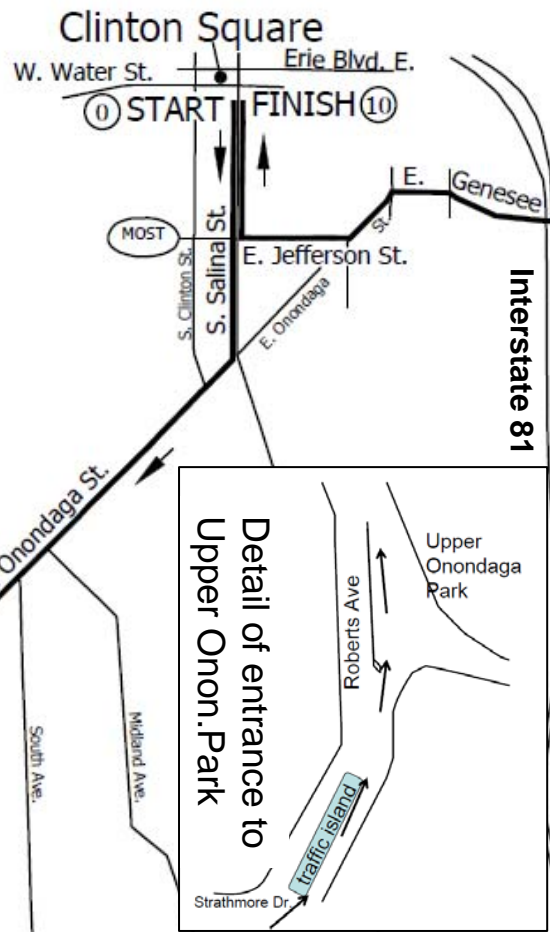
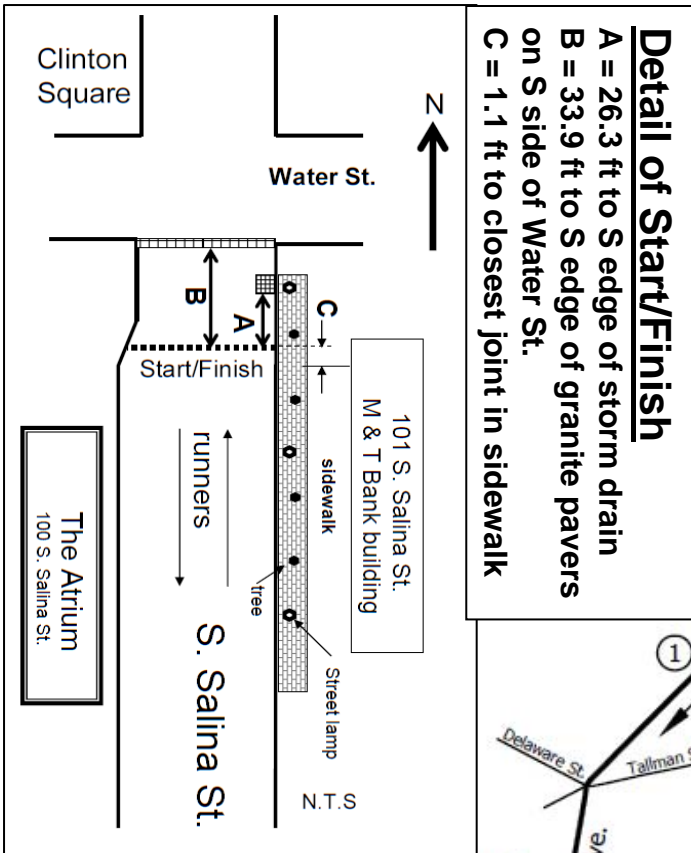


# Mountain Goat 10-Mile Syracuse, NY

measured April 13 & 25, 2013  
by Don Hughes



Mountain Goat 10-Mile  
Syracuse, NY  
measured April 13 & 25, 2013  
by Don Hughes

**Course Description**

Starting at **101 S. Salina St.**, head S, bear R onto **W. Onondaga St.** [MILE 1] Turn L onto **Onondaga Ave.** Turn R onto **Bellevue Ave.**, staying R of traffic island. Head diagonally L onto **Summit Ave.** Turn R onto **Stolp Ave.** [MILE 2] At Woodland Res., turn L onto **Hancock Dr.** Turn L onto **Arden Dr.** [MILE 3] Cross Geddes St onto **Stinard Dr.** Turn L onto **Strathmore Dr.** Stay on S. side of traffic islands. Turn L onto **Roberts Ave.**, staying on E side of traffic island. Enter Onondaga Park at SW corner. Follow **Onondaga Park Dr.** CW around Hiawatha L. Follow **un-named road** over hill top. [MILE 4] Turn L onto **Onondaga Park Dr. /Summit Ave.** Exit park at NE entrance. Cross Onondaga Ave. entering **Lower Onondaga Park**; continue straight and bear R along Onondaga Creek as shown. Turn L onto **South Ave.**, then R onto **Kirk Ave.** [MILE 5] Turn R onto **Landon Ave.**, then L on **W. Beard Ave.**, then R on **S. Salina St.** Turn L on **E. Colvin St.** [MILE 6] Continue up hill, staying L of cones placed in center of road. Turn L onto **Comstock Ave.** [MILE 7] Turn R onto **University Place.** Continue straight into **Thornden Park** at Rose Garden. Follow **Thornden Park Dr.** as shown, against normal flow of traffic. [MILE 8] Exit park at NW entrance. Continue onto **Madison St.** heading W. Turn R onto **S. Crouse Ave.**, then L onto **E. Genesee St.** [MILE 9] Bear L onto **E. Onondaga St.**, then bear R onto E. **Jefferson St.** Turn R onto **S. Salina St.** to Finish.